

**A Revised**  
**Malaysian Catechetical Syllabus**  
**July 2001**

# Revised Malaysian Catechetical Syllabus

Final Draft July 2001

Prepared by Syllabus Review Team

## Revised Malaysian Catechetical Syllabus

### Introduction

**“You shall love the Lord your God with all your heart, and with all your should, and with all your might.** Keep these words that I am commanding you today in your heart. Recite them to your children and talk about them when you are at home and when you are awry, when you lie down and when you rise. Bind them as a sign on your hand, fix them as an emblem on your fore head, and write them on the doorposts of your house and on your gates” (Deut. 6:5 –9)

**“You shall love the Lord your God with all your heard, and with all your soul, and with all your mind.** This is the greatest and first commandment. And a second is like it: **“You shall love your neighbour as yourself.** On these two commandments hand all the law and the prophets.” (Matt. 22: 37-40)

“And now I give you a new commandment: love one another. As I have loved you, so you must love on another.” (Jn. 13:34)

These commandments are echoed throughout the new syllabus.

Created in the image of God, we are called to share in His divine life. Such is the dignity and the blessedness of our destiny as human beings. God is love, and to share in His divine life, means to know Him, to love Him, to love our neighbour as ourselves, to love one another as He has loved us, and to live in union with Him. This is the aim of the new syllabus. It begins from the very beginning of our existence, as coming from God (Gen.1) and concludes with our return to God – the Alpha and the Omega (1 Cor. 15:55).

Following are the general themes and overall orientation.

Year	THEME and ORIENTATION
1 <sup>1</sup>	<b>God And Creation</b> God is the creator of the universe. Everything He created is good. The world belongs to God. God created human beings in his own image and likeness. God’s plan when He created human beings in his own image and likeness and who He loves is for every human being to come to intimacy and union with Him.
2	<b>Jesus Christ, The Son Of God Who Became Man (divinity)</b> When human beings disobey and sin against God, this lead to separation from God. But God still loves us and sends His Son, Jesus to save us and reconcile us to Himself. We become aware of sin, the need for forgiveness, and the need for God’s help to forgive others. The miracles of Jesus reflect His power as the Son of God.
3	<b>Jesus Christ, The Son of Man (humanity)</b> The original Human Condition is a perfect condition as we are made in the image and likeness of God Himself. It is the fallen human condition that is imperfect. We see

<sup>1</sup> Year 1 refers to the first year of formal, systematic catechesis in the parish. The child may be in Kindergarten or in Primary 1 depending on the prevailing practice in the particular parish.

	<p>this in Jesus who though subject to sin yet did not sin. He was kind, loving and compassionate in His humanity and we too are called to be like Jesus in the way we live and love.</p>
<b>4</b>	<p><b>The Sacraments of Baptism, Eucharist and Reconciliation</b>          Baptism – passing from the slavery of sin to the freedom as children of God.          Reconciliation – responding to God’s grace and mercy, coming back to God.          Eucharist – thanksgiving for God’s great gift of His Son. Communion.</p>
<b>5</b>	<p><b>The Commandments of Life and the Beatitudes of Happiness.</b>          (Developing a Christian moral conscience)          God is Love. To share in His life is to love one another as He loves us.          The Ten Commandments are summed up in the two-fold Commandment of love, given to guide us to real freedom and harmony.          The beatitudes are attitudes compatible with our original blessedness as God’s children who have been created in His image and likeness, and bring us true happiness.</p>
<b>6</b>	<p><b>The Holy Spirit Guides The Church.</b>  <b>The Sacraments.</b>          The Holy Spirit helps us live to the fullest in God’s plan through the church who guides us. The sacraments are means of grace that help us to live the life of the Spirit, resist temptations and grow to the fullness of Christ and in union with God.</p>
<b>7</b>	<p><b>Salvation History</b>          God reveals Himself gradually through the ages. Through key events recorded in the Hebrew Scriptures, we come to understand God’s plan of salvation, His covenant of love with humanity, an awareness of human weakness, and to appreciate His Faithfulness.</p>
<b>8</b>	<p><b>Who Am I?</b>          As children reach adolescence, the changes in their physical, psychological and intellectual make-up lead them to question everything in their search for identity and the meaning of life.          Catechesis at this level is to lead them to reflect more deeply into the mystery of life and the mystery of the human person in relation to God, and the meaning of love and friendship.          They also need to be educated on basic human rights and responsibilities as well as the essential social teachings of the Church.</p>
<b>9</b>	<p><b>Jesus The Life-Giver</b>          ‘Does God really exist?’ and “Who is Jesus?’ are two questions in the minds of teenagers that must be addressed if their faith is to deepen and mature to the extent that they can surrender to God in the Spirit and adhere to the person of Jesus.</p>
<b>10</b>	<p><b>Being A Disciple of Jesus</b>          Once the young person is convinced that Jesus is the Way, the Truth and the Life, it is time to consider committing oneself to follow Jesus as a disciple. To be able to make this commitment, they need to know what it means to be a disciple of Christ.          As disciples we do not go for the social façade of religion, the piety of religious practices and the conformity of belief systems only, nor can we be programmed to love God and people. Instead we seek a deep awareness of our own goodness and how essential it is to pattern our lives on Jesus.          We are aware too of our own sinfulness that only the grace and love of God can change. We depend wholly on God, allowing the Holy Spirit to search our hearts and guide and lead us, and so we love and are loved.</p>

<b>11</b>	<p><b>Life in The Power Of The Spirit</b></p> <p>A disciple of Jesus needs to learn to live and move in the Holy Spirit with the trust and confidence of a beloved son or daughter of the Father.</p> <p>Moving from conformity to an authentic personal faith.</p> <p>Sacrament of Confirmation.</p>
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To complement the 25 formal catechetical gatherings, we recommend the following ‘co-curricular’ activities, which can be planned and carried out with the cooperation of parents and youth ministry groups:

<b>Year 1</b>	An outing to a place of natural beauty – appreciation and care of God’s creation.
<b>Year 2</b>	A guided tour to the Church – awareness of God’s presence and familiarization with people and things usually associated with Church.
<b>Year 3</b>	A visit to a home for the elderly or handicapped – compassion and love for others.
<b>Year 4</b>	A day of recollection with celebration of the Sacrament of Reconciliation.
<b>Year 5 – 7</b>	<p>A fellowship camp, with time for prayer and the celebration of the Sacraments of Reconciliation and Eucharist specially for their age group – that children may appreciate the liturgy and learn to appropriate the graces from the sacraments.</p> <p>Media education – watching a movie and having a discussion on it.</p> <p>A social service day – doing odd jobs or some social service for the elderly, those in need.</p>
<b>Year 8 – 10</b>	<p>A three-day stay-in formation camp each year</p> <p>Peer-group formation: socialization, co-responsibility, leadership</p> <p>Media education: awareness of the influence of the media and its impact on society.</p> <p>Spiritual: Gospel sharing, mediation, prayer, journal.</p>
<b>Year 11</b>	A three-day stay-in retreat – praying for an outpouring of the Holy Spirit.

## **Other recommended programmes:**

### For the school as a whole

- Yearly Fellowship Camp or Picnic for the Primary and Secondary schools.
- Retreat for the Primary and Secondary schools – could be held during the December holidays.
- Fund raising project to finance the above.
- Mothers Day celebration for the parish.
- Father's Day celebration for the parish

### For Parents

- At the start of the school year to brief them on the programme for the year, enlist their co-operation particularly on attendance, receive feedback on current problems the children face and generally to establish rapport with them as co-educators of their children's faith.
- For those whose children will be receiving Sacraments, a special half-day programme to refresh, remind and reflect on their role as parents.

### For the catechists

- Regular spiritual training sessions for parish catechists.
- Annual Retreat.
- Biennial Convention for Malaysian catechists – to review their role as faith educators, share problems and joys of their ministry, to bond with their peers as a group, to receive some spiritual formation and polish techniques and skills.

**Year 1      GOD AND CREATION**  
**Kindergarten / Std 1**

**Orientation:**

**God is the Creator of the Universe. Everything He created is good. The world belongs to God. God created human beings in His own image and likeness. God’s plan when He created human beings in His own image and likeness and who He loves is for every human being to come to intimacy and union with Him.**

	<b>Theme - Parents – catechists meeting</b>	<b>Bible</b>	<b>Catechism</b>
	Getting to know each other, clarifying the expectations of parents and catechists. The Christian family is a living catechesis.		
	<b>In the Beginning (Creation)</b>		
1	Creation of the World and All Things (God is the Author of all things and everything He made is good – love and respects for creation)	Gen. 1:1-25	296
	<b>In the World (My Environment)</b>		
2	Discovering God for myself in Creation, in the World around me Beauty and Wonder of Creation Care of Creation Environmental awareness St. Francis of Assisi, patron saint for the environment	Gen. 1:28-31	358
3	Creation of Human beings ... we are made in His image and likeness (I & everybody else are the imprint of God – respect for people)	Gen. 1:26-28	356
4	Our Heritage, our vocation as sons and daughters of God... coming to awareness that God created me to share in His blessed life.	Gen. 2:6-7	1
	<b>Discovering Myself</b>		
5	I am God’s child and God created me good. Not “useless or bad or nobody” but special and unique. Natural and spiritual functions of the body e.g. hands to work, to help others and also to pray.	Gen. 1:26-28	357
6	I am alive. Gratitude to God for the gift of life. I have five senses.	Gen. 2:7	364
	<b>Discovering God in People</b>		
7	God gave me parents, brothers & sisters, extended family and friends.	Gen. 2:18	360
8	Living in a Family The need for discipline, rules, respect for authority, respect for the elderly and all people	Gen. 4:1-11	2203
9	Belonging in Family Means sharing, not only name and things but also responsibilities.	Gen. 4:1-11	2204
10	Growing in a Family.	Gen. 4:1-11	2219
11	Loving in a Family	Gen. 4:1-11	2205

	The different ways to love		
12	Forgiving in a Family Sibling rivalry	Gen. 4:1-11	2227
13	God's loves me unconditionally Even when people do not love me, God does	Is.43:1, 9:15-16, Ps.139:15	356
14	God gives me friends My neighbours, classmates		
	<b>Prayer – awareness of the presence of God and seeking His will</b>		
15	Our Father Who are in Heaven Calling God "Father" or "Abab" or "daddy" is a child-parent relationship.	Mt.6:9	2781
16	Holy be Your Name We must be holy as God is holy	Mt.6:9	2807
17	Your Kingdom Come We ask God to help us to be aware that He is in our hearts.	Mt.6:10	2818
18	Your Will be Done on Earth as It is in Heaven We want to do what God wants us to do.	Mt.6:10	2826
19	Give us this day our Daily Bread We ask God to take care of all we need (Differentiate between what we need and what we want)	Mt.6:11	2861
20	Forgive us our sins as we forgive those who sin against us We ask God to forgive us but we too need to forgive others.	Mt.6:12	2862
21	Do not bring us to the test We ask God to help us not to be tempted to sin	Mt.6:13	2863
22	But deliver us from Evil We ask God to Protect us from falsehood and from all evil.	Mt.6:13	2863
23	A Prayer experience Prayer with the sense, thanking God for the gift of self, family and the world. Intercessions for people. Quiet prayer.		
24	Angels Praying to our guardian angels		334-336
25	Christmas The celebration of birthdays. Thanking God for the gift of persons. Thanking God for the gift of His Son, Jesus.		463

**CO-CURRICULAR**

- A family picnic
- The children may be taken out to a place of natural beauty where they can be helped to develop a sense of wonder and appreciation of the beauty and goodness of God's creation. They should also be taught how to care for His creation.

**NOTE ON PRAYER**

- The Christian family is the first place of education in prayer. Following upon this, the catechist should pray spontaneously together with the children at every catechetical gathering.
- The memorization of basic prayers offer an essential support to the life of prayer, but it is important to help learners savour their meaning.

**Year 2          JESUS, THE SON OF GOD WHO BECAME MAN (Divinity)**

**Orientation:**

**When human beings disobey and sin against God, this leads to separation from God. But God still loves us and sends His Son, Jesus to save us and reconcile us to Himself. We become aware of sin, the need for forgiveness and the need for God’s help to forgive others. The miracle of Jesus reflects his power as the Son of God.**

	<b>Theme - Human Beings Sin Against God</b>	<b>Bible</b>	<b>Catechism</b>
1	The Fall of Adam & Eve – disobedience, blame, shame, knowing good and evil	Gen. 3:1-24	397-378
2	Consequences of Sin – Distanced from God, death	Gen. 3:19	400
3	Loss of harmony with nature - Environmental degradation (story of deforestation)	Gen. 1:17-19	408
4	Cain and Abel Sibling rivalry, jealousy and revenge	Gen. 4:1-16	
5	Noah’s Ark – The Flood and the sign of the Rainbow	Gen. 6-9	
	<b>God the Father Sends His Son Jesus by the power of the Holy Spirit to save humanity</b>		
6	The Prophecy of the coming of the Messiah – God prepares people to receive His Son	Isaiah 61:2-3	422
7	John the Baptist – prepares people to receive Jesus	Lk.1:5-20, 57-80	486, 523
8	The Annunciation	Lk.1:26-38	490
9	The Visitation The prayer ‘Hail Mary...’	Lk.1:39-56	495
10	Birth of Jesus The prayer ‘Glory Be...’	Mt: 1:18-25 Lk. 2:1-20	525
11	The 3 wise men – Epiphany	Mt. 2:1-12	528
12	The Flight to Egypt & the massacre of the Holy Innocents	Mt. 2:13-23	530
13	The Presentation in the Temple	Lk. 2:21-38	529
14	The Finding in the Temple	Lk. 2:39-52	532, 534
15	The Fulfillment of the Prophecy of Isaiah (sense of Jesus’ mission)	Lk. 4:14-20	541
	<b>The Miracle of Jesus – the signs of the Kingdom</b>		
16	The miraculous catch of Fish	Lk. 5: 1-7	548
17	The 5 loaves & 2 Fish	Mt. 14:15-21	549
18	The Calming of the Storm	Lk. 8:22-25	548
19	Jesus walks on Water	Mk. 6:45-52	548
20	Jairus’ Daughter/The Woman with a hemorrhage	Lk. 8:40-56	547
21	The Centurion’s Servant	Lk. 7:1-10	547
22	The Blind Man	Mt. 10:46-52	547
23	The 4 Friends and the healing of the paralyses man	Lk. 5:17-26	547
24	Jesus casts out an evil spirit	Lk. 431-37	550
	<b>Prayer</b>		
25	The Rosary		971

**CO-CURRICULAR**

The children may be taken on a guided tour of the parish Church as part of their initiation to the place where the Christian community gathers for worship and to celebrate God's presence among us. They may be shown the things used in the church and their significance.

**Year 3 JESUS CHRIST, THE SON OF MAN (Humanity)**

**Orientation:**

**The original Human Condition is a perfect condition as we are made in the image and likeness of God Himself. It is the fallen human condition that is imperfect. WE see this in Jesus who through subject to sin yet did not sin. He was kind, loving and compassionate in His humanity and we too are called to be like Jesus in the way we live and love.**

	<b>Theme - Jesus &amp; People</b>	<b>Bible</b>	<b>Catechism</b>
1	The wedding at Cana – Jesus and Mary are friends of people. They help people.	Jn. 2:1-12	
2	Mary & Martha – deciding between the necessary and the unnecessary. Jesus wants us to do what is necessary and not be anxious about the unnecessary.	Lk. 10:35-42	
3	The 10 Lepers – Jesus wants us to appreciate and acknowledge the good that others have done for us.	Lk. 17:11-19	
4	Zaccheaus – Jesus wants to be the friend of everyone.	Lk. 19:1-10	
5	First in the Kingdom – if we want to be first in the God’s Kingdom, we must be first in serving others and last in getting served ourselves.	Mt. 20:20-28	
6	Jesus cleanses the Temple – The Temple is a place for worship, not for making money. Reverence for Churches and places of worship.	Mt. 21:12-17	
7	Healing of the Deaf and Dumb person – Jesus has compassion on people who are not whole and he makes them whole again.	Mrk. 7:31-37	
8	The Widow’s Mite – Jesus does not judge from what can be seen from the outside, but he sees the heart of the person and judges according to one’s motive.	Mrk. 12:41-44	
9	Jesus and the Children – Jesus loves children and all people who are small and weak.	Mrk. 10:13-16	
10	The Woman at Bethany who anoints Jesus with oil – Jesus appreciates what a person does for Him out of love.	Mrk. 14:3-9	
11	Raising of Lazarus – Jesus wants us to live and be free from the chains that tie us. He has the power to give life back to people.	Jn. 11:1-44	
	<b>Jesus’ Parables</b>		
12	The Good Samaritan – Jesus wants us to have compassion on the people whom we meet and who need our help, irrespective of their background. The person in need is my neighbour even if he is not of the same race or creed as me.	Lk. 10:29-37	
13	The Mustard Seed – The Kingdom of God has begun with the coming of Jesus as man, and we will continue to grow through the Holy Spirit working in us, the Church.	Lk. 13:18-19	
14	The Rich Man & Lazarus – we are stewards of all the gifts God has given to us and He wants us to share the things He	Lk. 16:19-31	

	has given us with those who need them.		
15	The Woman knocking on the door of the Judge – God wants us to have confidence in His Justice and persevere in prayer.	Lk. 18:1-8	
16	Faith to move Mountains – the right attitude in prayer: faith and forgiveness. If we have faith in God we shall be able to do many good works.	Mrk. 11:20-24	
17	The Unforgiving Servant – all of us have sinned many times and are in need of God’s forgiveness, so we must forgive those who sin against us.	Mt 18:21-35	
18	The Lazy Servant – God has given to each of us some work to do during our time on earth and we are responsible to Him. We shall be happy if we carry out all that God wants us to do.	Mrk. 13: 32-37	
19	The 2 Sons – making promises that we do not keep is useless. God wants us to do what we know to be the right thing to do.	Mt. 21:28-32	
20	The 10 Bridesmaids – if we want to enter into God’s Kingdom, we need to take action now.	Mt. 25:1-13	
21	The talents – God has given each of us some talents and we have the responsibility to discover, develop and use these talents to make this world a better place for all.	Mt. 25:14-30	
22	The Last Judgment – we shall be judged on what we have done to others while we are on earth. Jesus takes what we do to others as being done to himself.	Mt. 25:31-46	
	<b>Prayer</b>		
23 & 24	Act of Faith, Act of Hope, Act of Love Act of Contrition.		
25	The Holy Family and you – An experience of imaginative prayer ‘imagine you are in Nazareth with Jesus, Mary and Joseph.		

### CO-CURRICULAR

Take children out for a visit to a home for the elderly people or to a centre for the mentally or physically disabled or under-privileged children to make them aware of the people who are in need in our society. The aim is to let the children become aware of the reality in our society, to arouse in them compassion for those who suffer, and to take some action no matter how small, to be in solidarity.

**Year 4 THE SACRAMENTS OF INITIATION – Baptism and Eucharist  
Formation of the Moral Conscience and the Sacrament of Reconciliation**

**Orientation:**

**Baptism – passing from slavery of sin to the freedom as children of God.**

**Reconciliation – responding to God’s Grace and mercy, coming back to God.**

**Eucharist – thanksgiving for God’s great gift of His Son. Communion.**

	<b>Theme - The Sacrament of Baptism</b>	<b>Bible</b>	<b>Catechism</b>
1	The Baptism of Jesus in the Jordan – Jesus gave Himself to be baptized by John. After his resurrection, He sends the Apostles to baptize people.	Mr. 1:4-11 Mt. 28:18-20	1223
2	The Rite of Baptism – let the children witness a baptism ceremony, then explain simply the symbols used.		1240-1243
3	The effects of baptism – forgiveness of sins and gift of the Holy Spirit.	Acts 2:38	1250
	<b>Formation of the Moral Conscience</b>		
4	The Ten Commandments – how it came about: given to Moses out of God’s love and concern for His people. Rather than a set of laws that limit our freedom, adherence to God’s laws leads to justice, harmony and true freedom in society.	Ex. 20:1-17	2060
5	The Greatest Commandment – baptized into God’s family, we live by God’s commandments. Jesus teaches us the Greatest Commandment.	Mk. 12:28-34	2052
6	Union with God – Commandments 1 – 3. WE belong to God, we believe in Him, hope in Him and love Him above all. We respect His Name. We set aside Sunday to worship Him together with the rest of the community.	Ex. 20:3-8	2062, 2142-2143, 2176
7	Our relationship with others. To love your neighbour is based on love of God.	Ex. 20:12-17	
8	We can choose. A rule for making good choices – ‘Do for others just what you want them to do to you’.	Lk. 6:27-36	1730
9	We can judge between good and evil. Conscience – God’s laws are written in our hearts.	Rm. 2:12-16	1776-1777
10	Temptations of Jesus – Jesus shows us how to deal with temptations and make good choices. The written word of God is a light that guides us along the right path.	Lk. 4:1-13 Psalm 119	1785
	<b>The Sacrament of Reconciliation.</b>		
11	Sin – choosing what is evil Examples from the Bible: King Herod and the massacre of the Holy Innocents, Herodias asks for the head of John the Baptist, Judas’ betrayal of Jesus. Example of daily life – extortion, cheating, bullying.	Mr. 2:1-16 Mt. 14:3-12 Mt. 26:14-16	
12	God’s attitude towards sinners – The Prodigal Son.	Lk. 15:11-32	

	Steps to conversion – acknowledgement of sin, repentance and forgiveness and acceptance of God’s unconditional love.		
13	Jesus has the power to forgive sins and he gives this power to the apostles through the Sacrament of Reconciliation with its healing effect and grace.	Mk. 2:1-12 Jn 20:23	1441
14	The Sacrament of Reconciliation – a sacrament of God’s mercy.	Jn. 20:23	1442
	<b>The Sacrament of the Eucharist</b>		
15	The Passover – God delivers His people from slavery to freedom.	Ex. 12	1334
16	The Last Supper – Jesus anticipates the free self offering of his life as he changes bread and wine to be come His Body and Blood.	Mt. 26:17-30	1339
17	The Passion and death of Jesus – Jesus offers his body and blood on the Cross.	Mt. 26-27	1340
18	The Resurrection from the Dead – By his death resurrection from the dead, Jesus frees us from the slavery of sin, saves us from death due to sin, and wins for us a share in the blessed life of God.	Mt. 28	1341
19	On the day of the resurrection, Jesus comes and walks with the disciples of Emmaus. The Risen Lord explains the scriptures to his disciples, he breaks bread with them, and they recognise him at the breaking of bread. This is the first Sunday Mass celebrated by Jesus Himself. Jesus continues to present himself to us when we celebrate Mass every Sunday.	Lk. 24:13-35	1343
20	The Mass – as Eucharistic Celebration in thanksgiving to God for the gift of His Son, and as the memorial sacrifice of Jesus on the Cross which had been anticipated at the Last Supper, “Do this in memory of Me” is Jesus’ concern that we should remember God’s love for us.		1344
21	The basic structure of the Mass – Jesus’ presence in the community that is gathered around Him and in the name of the Holy Trinity: his presence in the Word proclaimed during the Mass and in Holy Communion.		1346
22	Holy Communion – taking the Body and Blood of Christ unites us with Jesus and with the Christian Community. Need for corporate worship. Need to be reconciled with our brothers and sisters first before offering the sacrifice of the Mass.	Jn 6:56 Mt. 5:23-24	1391
23	Holy Communion – the Body and Blood of Jesus is spiritual food. Communion for the sick.	Jn. 6:57	1392

### CO-CURRICULAR

- A half-day recollection with children. Preparation for first Holy Communion.
- A half-day recollection with children and parents. Examination of conscience and first confession.

**Year 5 THE COMMANDMENTS OF LIFE & THE BEAUTITUDES OF HAPPINESS (developing a Christian Moral Conscience)**

**Orientation:**

**God is Love. To share in His life is to love one another as He loves us.**

**The Ten Commandments are summed up in the two-fold Commandment of love, given to guide us to real freedom and harmony.**

**The beatitudes are attitudes compatible with our original blessedness as God’s children who have been created in His image and likeness, and bring us true happiness.**

	<b>Theme - The Commandments of Life</b>	<b>Bible</b>	<b>Catechism</b>
1	Human beings grow physically, mentally and spiritually through the ups and owns of life. God reveals Himself to us gradually, according to our capacity to receive His revelation. He gives us guidelines for living – through nature, family, school and especially through the Scriptures. Jesus is the perfect revelation of God and his teachings supersedes and perfect all the commandments.	Mt. 22:34-40	2055
2	The Exodus, God’s liberating event – the context of the Ten commandments: laws for the common good of the people whom God has liberated from slavery. They point out the conditions of life freed from the slavery of sin.	Ex. 19:3-8	2057
3	The Covenant on Mt. Sinai – context of the Ten Commandments. They are firstly a gift of revelation from God given as part of the Covenant of love God sealed with His own people, and are meant to be life giving. Secondly, they express the moral response to God’s initiative.	Ex. 20:2	2061-2062
4	I am the Lord your God ... you shall have no other gods before me – faith in God alone. Put God first in our lives. (Address superstition and evil spirits).	Ex. 20:3-5	2086
5	You shall not take the name of the Lord your God in vain – a sense of the sacred. Reverence and respect.	Ex. 20:7	2142-2146
6	Observe the Sabbath, to keep it holy – a day of grace and rest.	Ex. 20:8-10	2184-2186
7	Honour your father and your mother, that your days may be long in the land which the lord your God gives you.	Ex. 20:12	2199-2200
8	You shall not kill. The sacredness of human life implies respect for human life.	Ex. 20:13	2258
9	You shall not commit adultery. Chastity and fidelity.	Ex. 20:14	2332-2337
10	You shall not steal	Ex. 20:15	2401
11	You shall not bear false witness against your neighbour	Ex. 20:16	2465-2466
12	You shall not covet your neighbour’s wife – purity of heart and mind.	Ex. 20:17	1514-1515
13	You shall not covet your neighbour’s things – poverty of spirit.	Ex. 20:17	2534-2540
14	Teacher, what must I do to gain eternal life?	Mt. 19:16-19,	2052-2053

	From keeping the commandments to the happiness of the beatitudes of Jesus.	20-26	1721
	The Beatitudes		
15	Blessed are the poor in spirit	Mt. 5:3	1716-1717
16	Blessed are those who mourn	Mt. 5:4	1716-1717
17	Blessed are those who are humble.	Mt. 5:5	1716-1717
18	Blessed are those whose greatest desire is to do what God wants.	Mt. 5:6	1716-1717
19	Blessed are those who are merciful.	Mt. 5:7	1716-1717
20	Blessed are the pure in heart.	Mt. 5:8	1716-1717
21	Blessed are the peace makers.	Mt. 5:9	1716-1717
22	Blessed are those who are persecuted because they do what God requires.	Mt. 5:10	1716-1717
23	God is love – and Jesus is the perfect revelation of God’s love. Those who live in love live in union with God and God lives in union with them. Perfect love casts out fear. Love God and love like Him.	1 Jn 4:7-21	1824
24	What is love? Love is an attitude. It is being patient and kind. (1Cor13:4) Love is action. It is doing whatever we can for the good of the person (like the Good Samaritan).	1 Cor. 13:4-13 Lk. 10:25-37	1825
25	The Last Judgment – the Lord considers all works of mercy to help those in need as being done for Him.	Mt. 25:31-46	1038-1039

**CO-CURRICULAR:**

Watch a movie that is suited to the children’s level of understanding, followed by discussion. A half-day recollection based on the theme of the year, with the celebration of the Sacrament of reconciliation and Eucharist for the group.

**Year 6      The Holy Spirit guides the Church & The Sacraments**

**Orientation:**

**The Holy Spirit helps us live to the fullest in God’s plan through the Church who guides us. The sacraments are means of grace that help us to live the life of the Spirit, resist temptations and grow to the fullness of Christ and in union with God.**

	<b>Theme – The Holy Spirit</b>	<b>Bible</b>	<b>Catechism</b>
1	The Holy Spirit – Third Person of the Trinity The presence of the Holy Spirit in creation and in human beings. The Holy Spirit is mentioned in the Gospels several times, e.g. at the Annunciation, Visitation, Baptism of Jesus.	Gen 1:2, 2-7	637,703
2	When Jesus begins His work in Galilee, the power of the Spirit was with him. Jesus promises the gift of the Holy Spirit to those who love Him and obey his commandments.	Lk. 4:18-19 Jn. 14:16-28	729
3	The Risen Lord sends His disciples – shared mission and shared power. The Holy Spirit empowers the disciples to bear witness to Christ.	Jn. 20:22 Mt. 28:16-20	730
	<b>The Church</b>		
4	The Holy Spirit gives birth to the Church at Pentecost	Act. 2	731-732
5	Works of the Spirit in the life of the Church – sanctifies the People of God.	Rm. 5:5	733-736
6	The mission of Christ and the Holy Spirit is continued through the Church – The Holy Spirit empowers the Church to bear witness to Christ.	Jn. 15:8	737
7	Jesus establishes the Church. “You are Peter and upon this rock I shall build My Church”. The Popes are the successors of St. Peter.	Mt. 16:14-20	765
8	The Church as the People of God – called out of darkness of sin into the light to be His people, marked by the characteristics that distinguish it from all other religious or ethnic groups found in history. “By this shall all men know that you are my Disciples” – those who believe in Jesus Christ and follow Him are united by faith in Christ to become the People of God whose beliefs are summed up in the Apostles’ Creed.	1 Cor. 12:12-28 Jn. 13:354	781-782
9	The Apostles’ Creed – a summary of the basic beliefs of the Christian community.		185-191
10	The Church as the Body of Christ – the community of believers, united in Christ by the Holy Spirit becomes the body of Christ, a sign and instrument of communion with God and of unity among all people.	Eph. 2:11-18	775-776
11	The Church as Cornerstone – as a foundation, a royal priesthood, holy nation chosen not for privileges but to bring people to union with God. Jesus Christ is the one whom the Father anointed with the Holy Spirit to be priest, prophet and king. We fulfill our royal dignity by a life in keeping with our vocation to live like Christ.	Eph. 2:19-22	783-786

	<b>Characteristic of Church</b>		
12	One – The Church is one because her Founder, Jesus Christ reconciled all humanity to God by the Cross, restoring the unity of all in one people and one body.	Eph. 4:3	813-815
13	Holy – United with Christ who is the Holy One, the Church then is called the holy people of God and her members are called saints. We are called to be holy as God is holy. To be holy means to be whole, perfect, normal.	Eph. 5:25-26	823-824
14	Catholic – the Church is universal because Christ is present in her and because she has been sent out by Him on a universal mission to the whole human race. The Church is non-exclusive and open to all people.	Act. 2. Mt.28-19	830
15	Apostolic – the Church is Apostolic because she remains built on the foundation of the Apostles and as the people of God, we are sent out into the whole world as apostles of Jesus.	Act. 20-28 Mt. 28:20	857,863
16	The Christian Churches – how the separation came about, the need for an ecumenical response.		817-819
17	Sacraments are Life-giving – The 7 Sacraments		1145-1146
18	We need signs and symbols including words, gestures and action to communicate with others. A sacramental celebration is woven from signs and symbols.	Heb. 8:1-2	1069,1073, 1076
19	Liturgy – the participation of the people of God in the ‘work’ (leitourgos) and prayer of Christa. (The children are taught to prepare a liturgical celebration).		1212
20	The sacraments of healing – the sacrament of Reconciliation and the sacrament of Anointing of the Sick.	Mk. 2:1-2	1421
21	The sacraments at the service of communion – Holy Orders and Holy Matrimony. Vocations. Virginity for the sake of the Kingdom.	Mt. 19:12	1533-1535
22	Holy Orders and the Church hierarchy. The ordained minister as an ‘icon’ of Christ the priest.		1142
23	The grace of the sacrament of matrimony – Christ dwells with them and gives them the grace to love each other as He loves the Church.	Eph. 5:22-23	1641-1642
	<b>Prayer</b>		
24	Guided contemplative prayer. Jesus is rise and is with us.	Jn. 20:19-22	730
25	Celebration of the Feast of All Saints and All Souls – the Communion of Saints.	1 Cor. 15:26-27	954

**CO-CURRICULAR**

Arrange for the children to witness or participate in the liturgical celebration of one or more of the sacraments. For example:

- Follow the priest when he goes to anoint a sick person.
- Attend a wedding ceremony, the Ordination of a deacon or a priest, an infant baptism ceremony, a religious profession.
- Children's Mass – prepared by them.

**Year 7          Salvation History**  
**God's Covenant with humanity and His faithful Love.**

**Orientation:**

**God reveals Himself gradually through the ages. Through key events recorded in the Hebrew Scriptures, we come to understand God's plan of salvation, His covenant of love with humanity, an awareness of human weakness, and to appreciate His faithfulness.**

	<b>Theme</b>	<b>Bible</b>	<b>Catechism</b>
1	Introduction to the Bible – Books of the Bible Literary styles (story, poetry, law) Authority – Canon of the Church Statement of faith, not a scientific, logical sequence of events.	2 Tim. 3:16-17	
2	God's call of Abraham. Yahweh's Promise of blessing and His Covenant with him.	Gen. 12:1-9; 13:16, 15:1-20; 17:1-22	
3	Abraham & Sarah, Hagar and Ishmail (Trust in God, patience and its consequences ) Abraham sacrifices Isaac.	Gen. 18:20-21 Gen. 22:1-19	
4	Sodom and Gomorrah Sin and depravity – also in today's society	Gen. 19	
5	Isaac and Rebekah Jacob & Esau Selling of one's birthright – as God's children	Gen. 25:19-34 Gen 27:1-45	
6	Jacob's Dream (Ladder), Rachel & Leah and the 12 Tribes of Israel (The fulfillment of God's promise).	Gen. 28:10-35, 30:1-24; 35:23-26	
7	Joseph and His Brothers Joseph is sold into slavery in Egypt. God takes care of him, and his faithful to God. He is made Governor. Joseph meets up with his brothers. (Reconciliation and seeing God's plan in saving Joseph's family through his own pain and suffering fulfilled).	Gen. 37:39-41 Gen. 42-47	
8	Moses life is saved through the intercession of some brave women. God reveals Himself to Moses. "I am who I am" (God reveals Himself to me, calls me and sends me on a mission in life).	Ex. 1-2 Ex. 3:1-4: 32	
9	The Exodus – God delivers His people The 10 Plagues, Death of the Firstborns & the Passover Leaving Egypt – the Exodus proper (from slavery to freedom) Miriam's Song of Praise to God (like Mary's Magnificat)	Ex. 5:1-10, 29 Ex.11:1-12:32 Ex.12:33-14:30 Ex.15:1-27	

10	The Journey through the desert (God provides for His people)	Ex.16-17:16	
11	The Covenant at Sinai, the Decalogue and the Promised Land (God's laws are given to us in the context of His covenantal love and are meant to lead us to the Promised Land of our Heart, where God reigns).	Ex.19:1-20:26, Ex. 24:1-25:8	
12	Joshua leads the people into the Promised Land Rahab the prostitute helps the Israelites The Crossing of the Jordan	Josh. 1:1-9 Josh. 2:1-24 Josh. 5:15	
13	The Fall of Jericho As for me and my household, we will serve the Lord. (Total trust in and commitment to God)	Josh 6:1-27; 24:14-15	
14	The People ask for a King (Under the authority of a human instrument rather than God).	1 Sam 8:1-22	
15	Saul becomes King (God is still faithful when Saul is not).	1 Sam. 13:1-15:34	
16	David is chosen and anointed King (God does not look at outward appearances but at the heart).	1 Sam. 16:1-17:37, 17:38-58	
17	Friendship of David & Jonathan (Loyalty and justice in friendship – and the mercy of God).	1 Sam 18:1-24:22	
18	David is anointed King (David captures Jerusalem, brings the Ark of the Covenant and wants to build a temple as God's remainder of His Covenant for His people) David and Bathsheba	2 Sam 2:1-7; 5:1-8:15  2 Sam 11-12 Ps. 51	
19	Solomon builds the Temple (Solomon's gift of Wisdom, the splendor of his court and his unfaithfulness to God)	1 Kg 2:12-3:28; 4:29-5:18 9:1-11:13	
20	The death of Solomon and the division of his kingdom into the North and South Kingdoms Naboth's vineyard @ Abah and Jezebel (greed leads to one's downfall and to the ruin of a nation)	1 Kg 11:26-12:24, 21:1-29	
21	The fall of Jerusalem. The people are exiled to Babylon	2 Kg 24-25 Ps. 137	
22	Esther & The King (Esther saves her people by her courage, faithfulness and trust in God)	Esther 1:1-8:17	
23	God sends Prophets to His People to call them to repentance and to give them hope The Promise of the Messiah	Isa.7:14;9:6-7 Isa. 40:1-11; 42:1-7 Isa. 53:1-12	

24	Palestine during the time of Jesus of Nazareth. Jesus of Nazareth, the One sent by God to save Israel and all peoples.	Mt. 1 Acts 2:22-42	
	<b>Prayer</b>		
25	'I have plans to make you prosper and not to destroy' Covenant with God and his blessing. Advent.	Ps 136 Jer. 29:17	

**CO-CURRICULAR**

- A Bible camp to deepen the children's love for the Bible as the Word of God. Some stories and books of the Bible can be introduced to the children during the camp.
- Bible quiz.

**Year 8      WHO AM I? The Dignity of the Human Being and his Vocation**

**Orientation:**

**As children reach adolescence, the changes in their physical, psychological and intellectual make-up lead them to question everything in their search for identity and the meaning of life.**

**Catechesis at this level is to lead them to reflect, more deeply on the mystery of life and the mystery of the human person in relation to God, and the meaning of love and friendship. They also need to be educated basic human rights and responsibilities as well as the essential social teachings of the Church.**

	<b>Theme - The Dignity of Human Being</b>	<b>Bible</b>	<b>Catechism</b>
1	God created human beings in His own image and goodness to make us share in His own blessed life. Original Blessing & Grace. Humanity's unique place in the order of creation. Mythological aspect of the story of creation.	Gen. 1-2 Ps. 8	1
2	God made each of us unique. He calls each one personally to an intimate relationship with Him. Since God accepts and loves us as we are, so too do we accept ourselves and others as we are, with our strengths and weakness.	Gen. 1-2 Ps. 138	355
3	God breathed His Spirit in us – the human being is at once body and spirit, capable of growing to the perfection and fullness of Jesus Christ, fully human, fully divine.	Gen. 2-7	362, 365
4	God made us male and female – respecting each other and respecting our bodies; avoiding abuse in drugs, smoking and drinking. “All things are lawful but not all things are beneficial.”	Tobit. 8:5-8 1 Cor 6:12-20	369
5	God made us intelligent. Human beings are capable of self-knowledge and coming to God with the help of His grace.	Wis. 13- 19 Hb. 5:11- 14	356-357 30-35
6	We are not just something, but someone. We are capable of making moral choices and giving ourselves because of God's gift of free will.	Jn. 1:10- 13	357
7	Taking responsibility for the common good in our family and in society. Avoid blaming others.	Gen.1:26- 31 Jas 2:14- 17, 26	1913-1914
	<b>Falling short of our dignity as human beings (sin and its consequences)</b>	Gen. 3-11	385-412
8	Original Sin is a fall from the oneness and harmony with God into disunity, alienation and a sense of separation. It is a loss of divine intimacy.	Gen.3	399, 405
9	Personal Sin (Cain & Able). The most serious consequence of original sin is separation from God.	Gen. 4 Rom. 7:14-25	405, 1865- 1866

10	Social Sin (Noah, Tower of Babel, enslavement of a migrant people in Egypt). Personal sins give rise to social institutions contrary to God's will. (Structures of sin – unjust social structures that violate human rights)	Gen. 6-11 Ex. 1	400-401 1867-1869
11	Who is love? Charity. Love is a decision, an act of the will made possible by the Holy Spirit. Courage to live in the Truth and to bear witness to the Truth. Love requires truthfulness. The devil is the 'Father of Lies'.	1 Cor. 13 Ex 20:16, Cf. Dt. 5:20 Mt. 5:33-37	1825-1828 2464-2470
12	Love for God (agape love) – faith, surrender, worship, adoration, and obedience in union of one's will with God. Commandments 1 – 3 as direction for right relationship with God. E.g. Daniel.	Daniel 3,6 Jn. 15:5-10	396
13	Love for neighbour (philia) Commandments 4 – 10 as directions for right relationships with people. Justice and human rights. Essential social teachings of the Church	Micah 6 Psalm 15	1878 1929-1942
14	Friendship – mutual love and affection (philia) Story of Naomi and Ruth	Ruth Jn.15:13-15	2346-2347
15	Peer Group pressure & conformity. How media exploits this weakness. Story of Joseph and his brothers. Love of self (narcissism)	Gen. 37	
16	Love between man and woman (eros) – sexual attraction and mutual gift of self. Story of Tobias and Sarah.	Tobit 4-12	2361
17	Chastity – integration of sexuality within the person. Chastity is expressed in friendship with one's neighbour.	Mt. 5:27-28	2336-2337 2347
18	Homosexuality	Gen. 19:1-24 Lev. 18:22; 20:13 Rom. 1:24-32	2357-2359
	<b>God's Response – Covenant, Law, Jesus Christ who restores man and woman to the original dignity of being human, that is being the image of God.</b>		
19	God's love is steadfast – God does not abandon humanity. He comes in search of Adam and Eve, promises a Saviour, makes clothes for them, speaks to Cain after he kills Abel, makes a covenant with Noah (sign of rainbow)	Gen. 3-11	1949
20	God expresses His love by liberating them from slavery. He makes a covenant with them and gives them His Commandments so that His people may live in freedom and peace. He calls some people to be leaders and prophets to guide His people.	Exodus Psalm 136	1961

21	God sends us His Son, Jesus, who liberates us from sin and restores to our original dignity as children of God by giving us the Holy Spirit.	Jn. 8:31-34	1991
22	Whoever commits sin is a slave to sin. We are justified by accepting in faith, the salvation won for us by Jesus. So God the Father restores our dignity of being human. Jesus came to show us the way to do it, the truths of God's love and laws and that this brings life. To help us, Jesus promises the Holy Spirit. What is our decision? Do we choose enslavement of sin or do we opt for a life rooted in God.	RM. 5:12-6:14	1987
23	The vocation of human being is to be authentically human. To sin is to be inhuman. Jesus shows us the way to perfect humanity and unites human beings with God. 'The glory to God is man fully alive.' (St. Irenaeus)	Jn. 1:12-18 1 Cor 2:7-9	1691 1998 825
24	Prayer Learning to meditate on the word of God. Lent Reflection	Lk. 24:13-35	2688

#### **CO-CURRICULAR**

- Social service project
- A holiday youth camp – training in taking responsibility, leadership. Media awareness.
- Retreat at the end of the year – learning to meditate on the word of God and deepening self awareness in the silence.
- Reflection\* during Lent on the Passion of Jesus

**Year 9 JESUS THE LIFE GIVER**

**Orientation:**

**“Does God really exist?” and “Who is Jesus?” are two questions in the mind of teenagers that must be addressed if their faith is to deepen and mature to the extent that they can surrender to God in the Spirit and adhere to the Person of Jesus.**

	<b>Theme</b>	<b>Bible</b>	<b>Catechism</b>
1	What is life? Where does life come from? Are you being alive? Is there is a quest in your life? What is your philosophy/motto/slogan in life? Where does God fit into your life, or does He? Help the young people get in touch with what is going in themselves.	Eccl. 3:1-14	33-35
2	Human Life Every human life is sacred because the human person is willed by God to be, and remains forever in a special relationship with the Creator who is his sole end.	Ex. 20:13 Mt. 5:21-22	2258-2283
3	Issues on human life – beginnings Conception, birth, birth control, abortions, cloning, in-vitro fertilization, ‘test-tube babies’, ‘surrogate mother’.		2258-2283
4	Issues of human life – endings Death, suicide, euthanasia, the death penalty, war, self-defence, life support systems.		2258-2283
5	Self-respect and respect for the dignity of persons: Avoid giving scandal i.e. Causing another to sin; pornography, drugs, drunkenness Respect for bodily integrity.	1 Cor 6:18-19 Mt. 18:6 Lk. 17:1 Eph. 5:15-20	2284-2287 2288-2291 2292-2296 2297-2298
6	Death and Eternal Life, Heaven, hell, purgatory Physical death and spiritual death – consequence of sin Divine life – the life of God, original grace	Rm. 8:19-23 Phil 1:21	1024-1025
7	Incarnation. Why did Jesus become man? <ul style="list-style-type: none"> <li>▪ To save us by reconciling us to God</li> <li>▪ So that we might know God’s love</li> <li>▪ To be our model of holiness</li> <li>▪ To make us partakers of the divine nature</li> </ul>	1 Jn. 4:10 Jn. 3:16 Jn. 15:12 2 Pt. 1:4	456-460
8	Jesus – the Fountain of Life The water that he gives becomes in us, a spring which will provide us with life-giving water and eternal life.	Jn 4:7-42 & Jn 7:37-38	548
9	The disciples see Jesus walking on the water. ‘They willingly took him into the boat and immediately the boat reached land at the place they were heading for.’ – Inviting Jesus into our lives and activities enables us to realize our goals.	Jn 6:16-21	

10	Do not work for food that will perish. Instead, work for the food that lasts for eternal life. And the work is to believe in Jesus, the one whom God sent.	Jn 6:1-14, 23-24 Phil. 3:8-9	549
11	Jesus – the Bread of Life Those who come to Him will never be hungry, those who believe in Him will never be thirsty. Those who eat His flesh and drink His blood have eternal life. He nourishes us and we too have to be nurturers and not destroyers.	Jn. 6:25-58	1391-1395
12	Jesus has the words of Eternal Life – treasuring His words	Jn. 6:60-71	1336
13	Jesus – the Light of the World Whoever follows Him will have the light of life and will never walk in darkness. The Woman caught in adultery – human beings judge by human standards. Jesus passes no judgment on us, and encourages us not to sin anymore. We too are called to be the light of the world and help others to sin no more.	Jn. 8:1-47	679
14	Jesus heals a man born blind. The man who is healed sees and believes in Jesus. Those who claim that they can see yet do not believe in Jesus become spiritually blind. We are spiritually blind when we do not link our faith with God, and we do not link our faith with life. Spiritual blindness is seeing life without knowing the author of life, discovering the words of Jesus yet not involving Jesus in our daily lives.	Jn. 9	588
15	Jesus – the Good Shepherd who is willing to die for His sheep. His sheep listen to His voice. He knows them and they follow Him. He gives them eternal life and they shall never die. (Jn. 10:27-28)	Jn.10:1-40	606
16	Jesus – the Resurrection and the Life Those who believe in Him will live even though they die, and those who live and believe in Him will never die. Like Lazarus, Jesus raises us too to life and unbinds us from guilt and our sins that have enslaved us and held us in bondage.	Jn. 11	655
17	Jesus – the Way the Truth and the Life He is the way to the Father by the Way He lived and the Truths He taught. If we love Jesus and obey His commandments, the Father will send us the Advocate to help us live in full and abundant life.	Jn. 14:6-17 Mt. 7:21	692
18	Jesus – the Vine and we the branches. We must remain in Jesus just as the branch has to remain connected to the vine, to remain alive and well. Otherwise the branch withers and dies. So if we remain rooted and attached to Jesus we are healthy and alive and only then can we bear much fruit. Without Jesus, we can do nothing good. ‘This is my Commandment that you love one another as I have loved you.’	Jn. 15:1-27	1391-1392 1695 521
19	Jesus’ Passion and death – a mystery of the Redemption. It is ‘love to the very end’ that confers on Christ’s sacrifice its	Jn. 18-19 Jn. 13:1	599-600 612-614

	<p>value as redemption and atonement, its efficacy ‘for the forgiveness of sins’.</p> <p>Jesus accepted suffering and death and thus accomplished the Father’s plan to bring humanity back to Him.</p> <p>What does it mean for us today?</p>		*616
	<p>Jesus’ Resurrection – a historical event, a transcendent event. The significance of the resurrection.</p> <p>‘Dying, you destroyed our death our life with God.’ We have the hope that our lives when lived in god’s plan for us will end with the ultimate victory of returning to be with Him.</p>	Jn. 20	639-645 647
	<b>Prayer</b>		
	<p>Appreciation of Holy Week and Easter liturgy.</p> <p>Each year the Church recalls Jesus supreme sacrifice to remind us of God’s unconditional love for us and calls us to respond to God by loving Him with all our hearths, all our minds and all our strength.</p> <p>How do we value this in our present life?</p>	Isa. 52:13- 53:12	
	<p>(To be done during Lent)</p> <p>The Way of the Cross – members of the group draw lots so that each one gets one station of the cross. Then each one will meditate on the station they have drawn, write a prayer and take turns to share their prayer with the rest of the group as they make the Way of the Cross together.</p>		

**CO-CURRICULAR**

Retreat: Based on the conversion of St. Paul “The Damascus Experience”, (Acts 9:1-22). Its aim is to lead young people to conversion and faith commitment to the person of Jesus Christ.

**Year 10 BEING A DISCIPLE OF JESUS**

**Orientation:**

**Once the young person is convinced that Jesus is the Way, the Truth and the Life, it is time to consider committing oneself to follow Jesus as a disciple. To be able to make this commitment, they need to know what it means to be a disciple of Christ. As disciples we do not go for the social façade of religion, the piety of religious practices and the conformity of belief systems only, nor can we be programmed to love God and people. Instead we seek a deep awareness of our own goodness and how essential it is to pattern our lives on Jesus. We are aware too of our own sinfulness that only the grace and love of God can change. WE depend wholly on God, allowing the Holy Spirit to search our hearts and guide and lead us... and so we love and are loved.**

	<b>Theme</b>	<b>Bible</b>	<b>Catechism</b>
1	Jesus proclaims the Kingdom of God. 'Repent and believe in the Good News.' The Kingdom of God is not a place but wherever God reigns as King.	Mk. 1:14-15 Mt. 4:12-17	541
2	Jesus calls people from all nations on earth, men and women, to be his disciples. People who hear his call and follow him form the Church. HE calls some people to be Apostles.	Mt. 11:25-28 Mk. 1:16-20 Mk. 3:13-18 Lk. 8:1-3	541-542
3-4	Conditions of discipleship Leave all behind to follow Jesus (detachment) Deny self, take up cross and follow Jesus Readiness to be the last and servant of all (like Jesus)	Mt. 8:18-22	618
5-7	Challenges Temptations of Jesus are also our temptations Hypocrisy & the practice of piety. E.g. Peter in Antioch (Gal.2:11-14) Standing up and speaking up boldly as a witness for Christ in the face of opposition and rejection, "I have not come to bring peace but a sword"	Mt. 4:1-11 Mt. 6, Is. 29:13 Mt. 10:16-39	538
8-9	Characteristics A disciple of Jesus has the Be-attitudes of Jesus and grows more and more like Jesus. Truthful, humble, loving and joyful like Jesus his master, the disciple is the light of the world and the salt of the earth who enlightens people and brightens up their lives.	Mt. 5:1-10 Mt. 5:13-14	2044-2046
10-13	Marks of a disciple Seeks and does the will of the Father, like Jesus. Builds on the Rock (Jesus) and obeys his teaching steeped in the Word of God Bears good fruit (the fruits of the Spirit, virtue) Has love for others. Jesus disciples gather for worship and fellowship. Basic Ecclesial Communities.	Mt.7:21-27 Jn. 8:31, Mt. 7:15-20; 12:33-37 Jn. 13:24-35 Acts 2:43-47; 4:32	1803
15-17	The necessity of prayer Prayer – cultivating an intimate relationship with God; directed to the Father in union with the Son through	Lk. 11:1-13 Jas`. 4 Jn. 15:5	2564 2612

	<p>the Holy Spirit.          Jesus teaches his disciples to pray          How we should pray          What we should pray for          Temptations in prayer: distractions, lack of faith,          depression (acedia)</p>	Mt. 26:41	
18-19	<p>Mission – to proclaim the Kingdom of God          Jesus sends his disciples on mission:          The 12 disciples          The 72 disciples          Similarities and differences between the mission of the 12 and that of the 72.          The Church’s mission –          “Go therefore and make disciples of all nations, baptize them in the name of the Father, the Son and the Holy Spirit, and teach them to obey everything I have commanded you.” Jesus assures us, “I am with you always to the end of time”. (Mt. 28:18-20)</p>	<p>Lk. 9:1-6          Lk. 10:1-16</p>	<p>858-860          2,3</p>
20-21	<p>Empowerment.          Jesus gives his disciples power and authority to accomplish their mission.          They can depend on God’s providence.          He gives the Holy Spirit to his disciples.          “Their names are written in heaven.”</p>	<p>Lk. 9:1-6          Lk. 10:17-24          Jn. 20:19-23</p>	<p>434          730,243</p>
22	<p>After his resurrection, Jesus calls Peter who is a primary witness to the resurrection and gives him his mission          “Simon, do you love Me? Jesus first asks Peter a personal question, calling him by his original name.          Only after Jesus is satisfied with Peter’s response does He give him his mission “Feed my sheep.”          Service and stewardship in the Christian community.</p>	Jn. 21	641-642
23	<p>Baptism, confirmation and Eucharist are sacraments of Christian initiation that ground the common vocation of all Christ’s disciples, a vocation to holiness and to the mission of evangelizing the world.</p>	Mt. 28:18-20	1533
24	<p>Christ’s disciples who are consecrated to God by Baptism and Confirmation can receive particular consecrations. The sacraments of Holy Orders and matrimony are directed towards the salvation of others. Virginity for the sake of Kingdom as a sign of the supremacy of our bond with Christ.</p>	<p>Heb. 5:1-5          Gen. 1:27-28          Mt. 19:12          1 Cor. 7: 32-34</p>	<p>1534-1535          1618-1620</p>

### CO-CURRICULAR

A retreat to deepen the young person’s –

- Sense of being called by Jesus to be His disciple and the desire to answer that call personally.
- Appreciation of the Church as the gather and community of Jesus’ disciples with Jesus as the Head.
- Urgency of working for the coming of God’s Kingdom.

**Year 11 LIFE IN THE POWER OF THE SPIRIT**

**Orientation:**

**A disciple of Jesus needs to learn to live and move in the Holy Spirit with the trust and confidence of a beloved son or daughter of the Father. Moving from conformity to an authentic personal faith.**

**Sacrament of Confirmation.**

	<b>Theme - To be born of the Spirit and to live in the Holy Spirit</b>	<b>Bible</b>	<b>Catechism</b>
1	Why do you believe? The testimony of others and your personal experience. Build on one's own foundation. The Samaritans' coming to Jesus on the testimony of the Samaritan woman at the well and later, their personal encounter with Jesus.	Jn. 4:39-42	156-157
2	From milk to solid food – spiritual progress is moving from subservience of the Law towards freedom of the Spirit.	Heb. 5:11-14	
3	God's revelation and our response – faith. The dramatic conversion of Paul and his whole-hearted response to Christ.	Acts 9:1-22	153-155
4	We have been put right with God and set free from the law of sin and death through faith in Christ. God has poured out his love into our hearts by means of the Holy Spirit, who is God's gift to us. From the Ten Commandments to the freedom of the Commandment of Love.	Rm. 5 Rm. 7:6	1961-1964
5	To be Born of the Spirit and to live in the Spirit. Distinguishing between what is of the flesh and what is of the Spirit, between a culture of life which is empowering and nurturing and a culture of death which is destructive. The Holy Spirit – Teacher and Guide helps us to grow in spiritual freedom, to know what is right and good, and the strength to do God's will.	Rm. 8	740
	<b>The Holy Spirit and his action in the Church</b>		
6	His Name 'Holy Spirit' – "Ruah" The Advocate, 'Paraclete' he who is called to one's side, who will stay with us forever. He is the Spirit who reveals the truth about God. The Third Person of the Holy Trinity.	Jn.3:5-8, 14:15-17  Mt. 28:19	691-692
7	God's Spirit in Creation and in the Time of the Promises (the Old Testament). Joel's prophecy. Joel's prophecy is fulfilled at Pentecost when the Holy Spirit descends on the disciples. Power to live as God's children.	Joel 2:28-29 Ac. 2:1-21 Ac. 1:7-8 15:26-16:14	702-703  731
8	Mary and the Holy Spirit Annunciation – Mary conceives Jesus by the power of the Holy Spirit. Visitation, Pentecost – the Holy Spirit comes	Lk.1:26-38 1:39-45 Ac. 1:12-	721

	to people through the intercession of Mary. Mary's life as an example of a spirit-filled life.	14 Jn. 2:1-11	
9	We receive the gift of the Holy Spirit at Baptism. By virtue of our Baptism, the first sacrament of the faith, the Holy Spirit in the Church communicates to us, intimately and personally, the life that originates in the Father and is offered to us in the Son. The gift of the Holy Spirit makes us sons and daughters of God, like Jesus.	Jn. 1:19-34 Jn. 3:1-8, 6:63 Gal. 4:6	683 976
10	The Holy Spirit empowers the disciples to: Preach the Gospel of Jesus Christ. Heal people (the healing of the lame man) Bear witness to Jesus, even to the point of giving their lives.	Ac. 2:33, 38-43 3:1-10 4,6,7	737-739
	<b>The Gift &amp; Fruits of the Holy Spirit</b>		
11	The Gift of the Holy Spirit – the Giver	1 Cor. 13	733-735
12- 13	The gifts of the Holy Spirit – the traditional seven gifts and the biblical charisms	Is 11:1-4; 1 Cor. 12	799-801 1830-1831
14- 15	The 12 Fruits of the Holy Spirit	Gal. 5:22- 26 2 pt. 1:3011	1832
	<b>Growing in the Life of the Spirit</b>		
16	Life after Confirmation. Nurturing the life of the Spirit. The parable of the Sower – detachment from material things and docility to the Holy Spirit are necessary for us to grow in the life of the Spirit.	Mt. 13:1- 30	1830 2013
17	Put on the whole armour of God – we are engaged in a battle between 'flesh and spirit'. Spiritual warfare, superstition, bomoh, mediums, the occult.	Eph 4:6:10-20	1971 2846-2849
18- 20	Pray always – it is always possible to pray. Prayer and Christian life are inseparable. Ways of praying	1 The 5:12-24	2742-2745
21	The Word of God and Sacred Scripture. 'Ignorance of the Scriptures is ignorance of Christ' – St. Jerome. Nurturing our spiritual life with the word of God.	1 The. 2 :13	101-108
22	The sacraments – nourishment to help us grow in the life of the Spirit.	Jn. 20:19- 23	2003, 2655
23	The sacrament of Confirmation – "Be sealed with the gift of the Holy Spirit." Explanation of the Rite of Confirmation (liturgy)		
24	Fullness of Life Coming from God – the Alpha, patterning of life on Jesus empowered by the Holy Spirit; we are birthed back to the fullness of life in the Trinity – the Omega.  Death has no sting Our incarnation, Passion, Death and Resurrection.	Rev 22:13, 16-17 & 1 Cor 15:55	1002-1004

25	PRAYER of surrender to the Holy Spirit		
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**CO –CURRICULAR:**

A pre-confirmation retreat with the aim of helping candidates to deepen their awareness of the love of God, their commitment to Christ and their conviction in the power of the Holy Spirit. Spiritual preparation for the sacrament of Confirmation.